



度類域指摘 Marine Omega wsoffgels 粒

### 獨有磷蝦油成分 奧美加 3 脂肪酸配方 Omega-3 Longevity Formula with Krill Oil

唯一一種集合**奧美加三脂肪酸**及**磷蝦油**獨有功效的魚油營養補充品,能於身體發揮更大的功效。

The only fish oil supplement that combines the benefits of **omega-3** with the unique benefits found in **krill oil**. The combination helps to keep fish oil working longer and more effectively in the body.





# Marine Omega 深海賦活魚油

#### 深海賦活魚油的功效 Benefits of MarineOmega

- · 維持心血管系統健康
- 促進腦部功能
- 改善關節功能及活動性
- · 促進皮膚健康
- Supports cardiovascular health
- · Promotes brain function
- · Improves joint function and mobility
- · Promotes healthy skin conditions

此產品適合關注血壓 / 血脂 / 膽固醇的人士服用。 This product is suitable for people concerned about blood pressure / blood lipids / cholesterol.

### 成人用法

#### Recommended Adult Use

於早餐及晚餐後以 8 安士清水送服 1-2 粒。配合如沛補充營養素一同服用,可給予身體最佳的營養基礎。 Take 1-2 softgels with 8 ounces of liquid with your morning and evening meals. Taking with LifePak™ can provide an optimal nutrition foundation.



Marine Omeganoscioles \*1

This product is not registered under the Pharmacy and Poisons Ordinance or the Chinese Medicine Ordinance. Any claim made for it has not been subject to evaluation for such registration. This product is not intended to diagnose, treat or prevent any disease.

此產品沒有根據《藥劑業及毒藥條例》或《中醫藥條例》註冊。為此產品作出的 任何聲稱亦沒有為進行該等註冊而接受評核。此產品並不供作診斷、治療或預防 任何疾病之用。 深海賦活魚油蘊含純正奧美加三脂肪酸,有效補充人體 日常飲食所攝取的不足,是促進身體健康及延年益壽的基礎 營養補充品。配方蘊含最優質的深海魚油及磷蝦油,提供 豐富磷脂狀的 EPA、DHA 兩種奧美加三脂肪酸,有效維持 心血管健康、促進腦部功能。

MarineOmega is a dietary supplement of ultra-pure omega-3 fatty acids developed to promote wellness and longevity. It is an excellent source of essential omega-3 fatty acids typically lacking in people's diets. MarineOmega combines the highest grade of fish oils and oil from krill harvested from the pristine waters of Antarctica. It provides high concentration of phospholipid form EPA and DHA which support cardiovascular health and promote brain functions.

### 深海賦活魚油的獨特之處 Uniqueness of MarineOmega

- · 高效奥美加三脂肪酸 EPA 及 DHA 的主要來源。
- · 蘊含獨特磷蝦油,提供豐富磷脂狀的 EPA 及 DHA, 適合腦部及細胞膜使用。
- · 蘊含天然檸檬油,有效減低魚油的魚腥味。
- · 秉承著「6S 品質保證措施」,確保本產品的魚油 及磷蝦油絕不含毒素、污染物及重金屬。
- Potent source of EPA and DHA omega-3 fatty acids.
- Contains unique Krill Oil which is rich in EPA and DHA
  in a unique phospholipids form targeted for use in the brain and
  cell membranes throughout the body.
- · Includes natural lemon oil for minimal fishy flavor.
- Ultra-pure source of fresh fish oil and Krill Oil are tested free of toxins, pollutants and heavy metals by 6S Quality Process.



### PHARMANEX「6S 品質措施」 PHARMANEX"6S Quality Process"

PHARMANEX 致力為消費者提供以科方法標準化的營養補充品, 為確保每一粒營養補充品皆為安全及有效,PHARMANEX 制定了 嚴謹的「6S 品質措施」,以嚴謹的製藥標準開發營養補充品。

PHARMANEX devotes to provide scientifically standardized nutritional products of proven efficacy and unsurpassed quality by applying the 6S Quality Process. It is the basis of the company's pharmaceutical approach to product development in order to maintain tight quality controls through all stages of product development.



- 精選
- 來源
- 結構
- 標準化
- •安全性
- 實證
- **S**tandardization

• Selection

• Sourcing

• Structure

- $\bullet \ S \text{afety}$
- **S**ubstantiation

# **ACTIVE INGREDIENTS** 有效成分

### 磷蝦油 Krill Oil



深海賦活魚油的磷蝦油是由萃取自南極純淨海水中的磷蝦提煉精製而成,而 所採用的專利冷凍萃取過程能有效避免磷脂及蝦紅素兩種重要成分於萃取過 程中受破壞。磷蝦油蘊含豐富磷脂狀的 EPA 及 DHA 兩種奧美加三脂肪酸、 黃酮類及高效抗氧化劑如:維他命 A、維他命 E 及蝦紅素。

- · 磷脂是細胞的重要部份之一,有助製造、保護神經細胞膜及 維持細胞膜健康,並能有效保護細胞免受毒素及自由基的侵害。
- 黃酮類及胡蘿蔔素蝦紅素是兩種高效抗氧化劑, 其抗氧化能力比維他命 E 高 550 倍。
- · 磷蝦油已獲多項臨床研究證實其卓越功效, 更於加拿大獲得專利(加拿大專利編號:CA2449898)。

Krill Oil in MarineOmega is harvested from the pristine waters of Antarctica. Krill Oil utilizes a patented cold extraction process that protects the most important ingredients, phospholipids and astaxanthin from destroying during normal processing. Krill Oil offers a unique and natural combination of EPA and DHA in phospholipid form, flavonoids and potent antioxidants such as Vitamin A, Vitamin E and astaxanthin.

- Phospholipids are an essential part of every cell in the body. They form and keep healthy and intact the membrane of every nerve cell, protect cells from toxic injury and free radical attack.
- Flavonoids and carotenoids astaxanthin are the potent antioxidants that are up to 550 times more powerful than Vitamin E.
- The benefits of Krill Oil are scientifically supported by clinical studies, it also received a patent in Canada (Patent no.: CA2449898).

### 魚油 Fish Oil



深海賦活魚油的魚油是萃取自深海中的魚類如:沙甸魚、三文魚、鯖魚及 鯷魚等四種深海魚類的魚脂精製而成,每個提煉魚油的步驟均經嚴格控制以 確保產品所蘊含的奧美加三脂肪酸達致標準化及不含任何雜質。

Fish Oil in MarineOmega is derived from the flesh of four different types of fishes: sardine, salmon, mackerel and anchovy which are obtained from deep water. Every refining process of the marine lipid concentrate requires a strict control system to standardize the amount of omega-3 fatty acids in the final product and remove all unwanted particles.

#### 魚油的提煉過程 Refining Process of Fish Oil

深海魚油 Marine lipid

精煉 L Refining

去除游離脂肪酸 Remove free fatty acids

冷凍化過程 【 Winterization

去除硬脂精及其他固體物質 Remove the stearin and other solid particle

分子蒸餾方法 【 Molecular Distillation

分隔毒素、重金屬及雜質 Remove toxins, heavy metals and unwanted substances

使用天然泥土作淨化 Natural bleaching earth



今魚油的色澤更清徹 Bleach the fish oil to a clearer color

除臭過程



Deodorization

減低魚腥味 Minimize the fishy flavor

## SCIENTIFIC SUPPORT

# 科學實證

Marine Omega 深海賦活魚油

近年來多項研究已證實魚油及磷蝦油內的奧美加三脂肪酸對心血管系統 健康、腦部發育、關節健康及皮膚健康等有著重要的效益。

Researches in the recent years confirmed that omega-3 fatty acids have indispensable beneficial effects on cardiovascular health, brain development, joint health and skin health.



### 心血管健康 Cardiovascular Health

- · 研究顯示奧美加三脂肪酸及磷蝦油能減慢血管內血塊 形成的速度、降低三酸甘油脂水平(1)。
- · 一項隨機及雙盲的研究讓 38 名患有脂肪酸代謝異常的人士,連續 7 星期分別服用 EPA 及 DHA。結果顯示,測試者的血管彈性指數分別增加 36% 及 27% ②。
- Clinical studies showed that, omega-3 fatty acids and krill oil
  was significantly effective for lower the growth rate of
  atherosclerotic plaque and reducing triglyceride level (1).
- A randomized and double-blinded study with 38 dyslipidemic subjects assigned to take EPA & DHA for 7 weeks. The result showed that their systemic arterial compliance increased 36% and 27% respectively (2).
- (2) Paul Nestel, Hideki Shige, Sylvia Pomeroy, Marja Cehum, Mavis Abbey and Daniel Raederstorff. Diabetes Care 2003; 26(5):1362-1368



### **腦部健康** Brain Health

- · 研究指出奧美加三脂肪酸及奧美加六脂肪酸比例會 影響神經信息傳遞及前列腺素的形成,兩者皆是維持 腦部正常功能的重要程序<sup>(3)</sup>。
- · 磷蝦油內的磷脂是製造神經細胞膜及保護神經細胞膜 免受毒素和自由基侵害的重要分子<sup>(4)</sup>。
- · 研究顯示 DHA 有助改善視力及認知行為發展 (5)。
- The ratio of omega-3 and omega-6 fatty acids influences neurotransmission and prostaglandin formation, processes that are vital in the maintenance of normal brain function <sup>(3)</sup>.
- Phospholipids, naturally found in krill oil, are important in forming nerve membranes and in protecting nerve membranes from toxic injury and free radical attack (4).
- Research has shown that DHA is associated with improved visual and cognitive development <sup>(5)</sup>.
- (3) Haag M. Can J Psychiatry 2003;48:195-203
- (4) Amaducci, L, Crook, TH, Lippi, A, etal. Ann NY Acad Sci 1991;640:245-49.
- (5) Willatts P. Long chain polyunsaturated fatty acids improve cognitive development. J Fam Health Care. 2002;12 (6 Suppl):5



### <mark>關節健康</mark> Joint Health

- · 13項雙盲研究均證實奧美加三脂肪酸能有助改善關節 功能及活動性,有助關節健康。
- · 其中一項研究更顯示每星期進食多於 2 份經烤或焗煮 之魚類有效減低患上類風濕關節炎的機會高達 43% <sup>(6)</sup>。
- Omega-3 fatty acids in fish oil can help improve joint function and mobility and promote joint health, according to 13 double-blind placebo-controlled studies.
- A study showed that consumption of broiled or baked fish with two or more servings per week, was associated with up to 43 percent decreasedrisk of rheumatoid arthritis.<sup>(6)</sup>
- (6) Shapiro, J.A., et al. Diet and rheumatoid arthritis in women: a possible protective effect of fishconsumption. Epidemiology, 1996 May,7(3)256-63.



### 皮膚健康 Skin Health

- · 一些證據顯示奧美加三脂肪酸及磷蝦油有效保護皮膚 因紫外光所導致的皮膚老化及皮膚損傷(\*)。
- Some evidences suggested that omega-3 fatty acids and krill oil may be effective in protection against UV- induced photoaging and skin damage (7).
- (7) Rhodes LE, Shahbakhti H, Azurdia RM, et al.2003;24:919-925



## 您的基礎健康護理組合 Your Daily Health Regimen

### 如沛補充營養素 LifePak™

一項全方位的營養補充品,能為身體 提供最理想的營養成分及適當份量, 如維他命、礦物質、微量元素、 抗氧化劑及植物營養素。

A comprehensive nutritional supplementation system, delivering the optimum types and amounts of vitamins, minerals, trace elements, antioxidants and phytonutrients.

## 深海賦活魚油 MarineOmega

蘊含獨有磷蝦油及魚油,能為身體提供豐富奧美加三脂肪酸。此外,配方更可促進如沛補充營養素內脂溶性營養素、g3活能飲品內胡蘿蔔素的吸收及提升各種營養素的生物利用率。

Contains proprietary krill oil and fish oil that provide high concentration of omega-3 fatty acids. This formula can also promote the absorption of the fat-soluble nutrients in LifePak $^{\text{\tiny M}}$  and carotenoid in  $q3^{\text{\tiny M}}$  as well as enhance nutrients bioavailability.

# **S** 活能飲品 gấc superfruit blend

由四種超級水果製成的營養飲品, 蘊含高濃度脂胡蘿蔔素,能為身體 提供高效抗氧化保護及維持身體整體 健康。

A nutrient-rich drink that blended with 4 superfruits. It contains concentrated amounts lipocarotenes in order to provide powerful antioxidant protection and rejuvenation in the body.



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